

How to get the most from studying your Bible:

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.

2 Timothy 3:16-17

When you read the Bible, God has given us this passage as key to understanding it. When reading any passage, consider these four elements and journal your responses:

TEACHING: What is the story of this passage, or what is it about? What is a summary statement of what has been read, or studied?

REBUKING: How is this passage challenging me, my actions, thoughts or behaviors? How am I being called out, or held accountable?

CORRECTING: What life adjustment is this passage suggesting for me? How should I adjust my life to be what the God wants it to be?

TRAINING: What should this passage produce in my life and service? If God is getting me ready for something what should I be doing now, and what am I preparing for later?

Daily Devotional Studies

This weeks devotion is from the Old Testament book of PSALMS. Read one chapter each day and answer the questions to the right. This is called inductive Bible study and whole book study. If you have any questions or need any help along the way, feel free to email:

andy@westbrookbaptist.org

**Monday read
Psalms Chapter 67**

**Tuesday read
Psalms Chapter 68**

**Wednesday read
Psalms Chapter 69**

**Thursday read
Psalms Chapter 70**

**Friday read
Psalms Chapter 71**

**Saturday read
Psalms Chapter 72**



A four-week study of the New Testament book of Colossians.

If you miss a week, don't forget you can watch the sermon, access the notes, view the PowerPoint slides and download the MP3 at www.crosseyedlife.com.

**SO THEN, JUST AS YOU RECEIVED
CHRIST JESUS AS LORD, CONTINUE
TO LIVE IN HIM.**

The Holy Bible : New International Version. 1996, c1984 (Col 2:6). Grand Rapids: Zondervan.

Colossians 2:1 I want you to know how much I am struggling for you and for those at Laodicea, and for all who have not met me personally. 2 My purpose is that they may be encouraged in heart and united in love, so that they may have the full riches of complete understanding, in order that they may know the mystery of God, namely, Christ, 3 in whom are hidden all the treasures of wisdom and knowledge. 4 I tell you this so that no one may deceive you by fine-sounding arguments. 5 For though I am absent from you in body, I am present with you in spirit and delight to see how orderly you are and how firm your faith in Christ is.

Freedom From Human Regulations Through Life With Christ

6 So then, just as you received Christ Jesus as Lord, continue to live in him, 7 rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. 8 See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the basic principles of this world rather than on Christ. 9 For in Christ all the fullness of the Deity lives in bodily form, 10 and you have been given fullness in Christ, who is the head over every power and authority. 11 In him you were also circumcised, in the putting off of the sinful nature, a not with a circumcision done by the hands of men but with the circumcision done by Christ, 12 having been buried with him in baptism and raised with him through your faith in the power of God, who raised him from the dead. 13 When you were dead in your sins and in the uncircumcision of your sinful nature, God made you alive with Christ. He forgave us all our sins, 14 having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross. 15 And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross. 16 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. 17 These are a shadow of the things that were to come; the reality, however, is found in Christ. 18 Do not let anyone who delights in false humility and the worship of angels disqualify you for the prize. Such a person goes into great detail about what he has seen, and his unspiritual mind puffs him up with idle notions. 19 He has lost connection with the Head, from whom the whole body, supported and held together by its ligaments and sinews, grows as God causes it to grow. 20 Since you died with Christ to the basic principles of this world, why, as though you still belonged to it, do you submit to its rules: 21 “Do not handle! Do not taste! Do not touch!”? 22 These are all destined to perish with use, because they are based on human commands and teachings. 23 Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.

Teach

Rebuke

Correct

Train