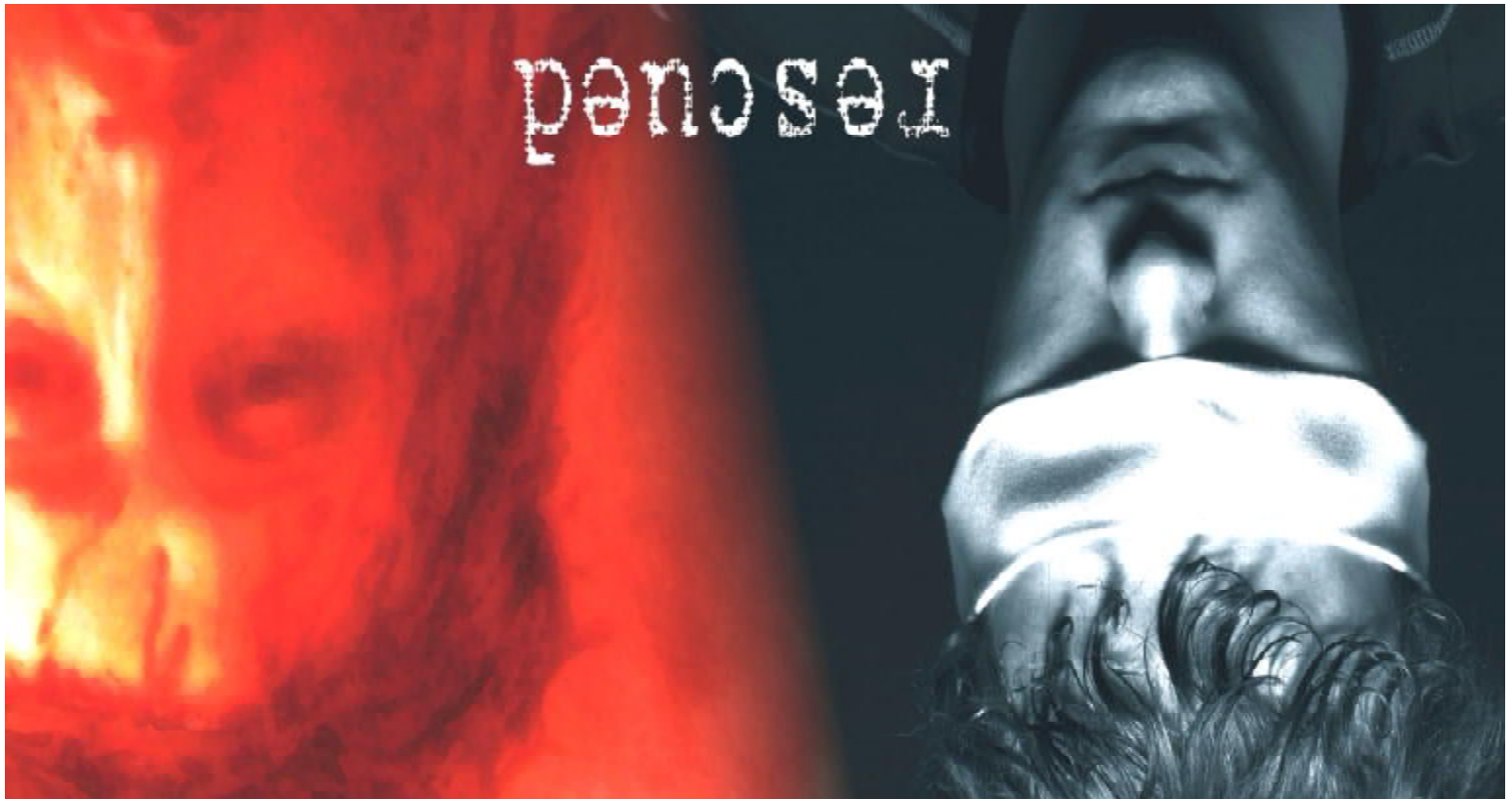


*Rescued from myself*



## Daily Devotional

This weeks devotion is from the Old Testament book of PSALMS. Read one chapter each day and answer the questions to the right. This is called inductive Bible study and whole book study. If you have any questions or need any help along the way, feel free to email:

[andy@westbrookbaptist.org](mailto:andy@westbrookbaptist.org)



### How to get the most from studying your Bible:

*All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.*

2 Timothy 3:16-17

When you read the Bible, God has provided it to do the 4 things italicized above in your life. So, when you read a passage answer these four questions and journal your answers:

**TEACHING:** What is the story of this passage, or what is it about?

**REBUKING:** How is this passage challenging me, my actions, thoughts or behaviors?

**CORRECTING:** What life adjustment is this passage suggesting for me?

**TRAINING:** What should this passage produce in my life and service?

**Monday read  
Psalms Chapter 1**

**Tuesday read  
Psalms Chapter 2**

**Wednesday read  
Psalms Chapter 3**

**Thursday read  
Psalms Chapter 4**

**Friday read  
Psalms Chapter 5**

**Saturday read  
Psalms Chapter 6**

## *Rescued from myself*

March 22/23, 2008  
Pastor Andy Addis

### **Romans 7:14-25**

<sup>14</sup> We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. <sup>15</sup> I do not understand what I do. For what I want to do I do not do, but what I hate I do. <sup>16</sup> And if I do what I do not want to do, I agree that the law is good. <sup>17</sup> As it is, it is no longer I myself who do it, but it is sin living in me. <sup>18</sup> I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. <sup>19</sup> For what I do is not the good I want to do; no, the evil I do not want to do—this I keep on doing. <sup>20</sup> Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

<sup>21</sup> So I find this law at work: When I want to do good, evil is right there with me. <sup>22</sup> For in my inner being I delight in God's law; <sup>23</sup> but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. <sup>24</sup> What a wretched man I am! Who will rescue me from this body of death? <sup>25</sup> Thanks be to God—through Jesus Christ our Lord!

So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin.

**The Problem:**  
I have \_\_\_\_\_, and so do you

**The Situation:**  
Apparently, I am NOT in \_\_\_\_\_

**The Conclusion:**  
I am a \_\_\_\_\_, it's a spiritual thing

**The Need:**  
I need \_\_\_\_\_

**The Answer:**  
\_\_\_\_\_